



Event Report I

Japanese traditional “washoku” dinner at Kamakura restaurant to celebrate seasonal Autumn menu

Thank you to all who attended, JLA "Taste of Autumn" dinner at Kamakura which was held on 19 Nov (Thu) and hosted up to 20 of Japanese cuisine lovers.

The 4 course dinner menu created by Mr Miyamae from Kamakura included sushi and sashimi, tempura and many more seasonal, fresh ingredients with fabulous presentation. Of course the guests also enjoyed Japanese sake and plum wine with great company.



Event Report II

Largest fundraising even in Luxembourg! “55th International Bazaar 2015”

On 28th and 29th Nov 2015, a 2 day event International Bazaar was held at the LUXEXPO in Kirchberg, Luxembourg. This is a charitable event held every year and it is the biggest and most unique event in Luxembourg where you can experience many different countries and cultures in one location.

The Japanese stand was yet again successful with stores selling traditional crockeries, tasty Japanese sushi, takoyaki, yakitori, and of course sake! It was so successful that the food ran out way too early on the second day. Great effort to all the volunteers involved in the bazaar, and look forward to next year!



Busy Japan stand



Volunteers wore colourful Yukata and Happi “Welcome!”



(Above) Food preparation staff
(Left) Tombola staff



Thank you everyone for coming!

Which one will you go this year?

Christmas markets in Europe

We are already in December and the Christmas season is here! Which Christmas market are you planning to go this year? Let us help you. Here are recommended markets close to Luxembourg from our JLA staff!



Nuremberg, Germany

It is known as "little town of wood and cloth" which you will see it amongst all the market stalls as well as many products from all over the world. (JLA staff K)



Rothenburg ob der Tauber, Germany

It is a small market but it is very cute and attractive! You cannot miss the specialized Christmas shop too. (JLA staff R)



Prague, Czech Republic

You can enjoy a dazzling lighting at night and this city has many attractions. (JLA staff S)



Dresden, Germany

You will see historic medieval market style and it has one of the largest number of Christmas markets with so many varieties of stalls! (JLA staff Y)



Brussels, Belgium

The night lighting in the Grand Platz is a must see! (JLA staff M)



Trier, Germany

Try the traditional Christmas sweets "Dampfnudel" . It is just like Chinese pork buns but sweet! (JLA staff T)

This month's recipe

Perfect for festive dinners! Apple pie flowers

[Ingredients] Serves 4

- A. 1/2 Apple (cored)
- B. 2 TBS Sugar
- C. 1 Heaped TBS Coconut oil
- D. Cinnamon powder as needed
- E. Pastry sheets (bought ones or handmade) as needed

[Method]

1. Cut (A) thinly in a half moon shape
2. In microwave safe bowl, place (1), B.C.D, use cling wrap and heat in microwave (roughly 500W) for about 2~3 minutes.
Make sure it's not too soft, we don't want to lose the shape of the apple.
3. Let (2) to cool down.
4. Cut (E) with 1~2 cm thickness with roughly 40cm in length.
5. Arrange each apple slices (3) lengthwise on (4) overlapping each other.

Trivia for the month Health benefits of Apples

"An apple a day keeps the doctor away" is a well-known English proverb that most of us have heard before. "Quercetin" is an antioxidant contained in mostly red apples which is full of disease-fighting compounds. It also reduces cholesterol levels, reduces risks of cancer and so much more positive health benefits of this particular super fruit.



6. Gently from the end of (5) roll it up and use egg yolk (as a glue agent) or toothpick to hold its shape.
 7. Preheat oven to 200 degrees. Bake (6) for 13~15 minutes.
 8. Take out the toothpick once cooked and it's complete*!
- *After baking brush the apple flower petals with melted jam and it will look extra rosier!

Trivia about Christmas

What is the typical Christmas sweets??



Round sponge cake frosted with whipped cream and "bûche de Noël" are the typical Christmas sweets in Japan, but here in Europe, Christmas sweets vary from country to country and from region to region. Have a good look at a bakery or sweets shop. You may find Christmas sweets which can't be seen in Japan.

Bledele

Alsatian pastry. It contains dill, almonds, lemon peel etc.

Gugelhupf(Kugelhupf)

Austrian, Swiss, German and Alsatian cake. It contains almond and Kirsch liquor.



Stollen

Traditional German Christmas sweets. It is a heavy bread stuffed with nuts and dried fruit. It lasts long so people can start eating from November.



Panettone

Traditional Italian sweets. It contains raisins, orange and dried fruits. It lasts almost half a year.



(Top) Stollen
(Centre) Panettone
(Bottom) Gugelhupf

Introduction of an organization

La Leche League Series Meeting as a support for breastfeeding

"I want to nurse my newborn baby through breastfeeding!" "What can I do to breastfeed better?" "What can I do to wean naturally?" ---

Many breastfeeding mothers go through challenges as well as joys.

La Leche League (LLL) is a nonprofit international organization that helps mothers to breastfeed through mother-to-mother support, encouragement and information. Since its foundation in the USA in 1956, LLL International has become active worldwide and it now covers about 70 countries. Anyone who is interested in breastfeeding is welcome to LLL Series Meetings which are held monthly with a specific subject. Every meeting is open to a new participant. Contact information is available at:

<http://www.lalecheleague.lu/index.php?menu=34&page=&portal=9&lang=en>



JLA upcoming events: January 2016

■Chorus group:

Jan 15th (Fri) 9:30 – 11:00

■Classical Japanese dance class: come and join in!

Venue: Top Squash (Zone Sportive, 25 rue de la Gare, L-5218 Sandweiler)

Public transport: take bus no. 194 and get off at the bus stop "Sandweiler, rue d'ltz" or "Sandweiler, AM Eck" . 7 minutes on foot from the stop.

※The 194 bus takes 12 minutes from "Kirchberg - J.F.

Kennedy" , and 23 minutes from "Luxembourg - Hamilius" .

What to bring: Japanese light cotton Kimono, namely "Yukata" (available for rent if needed)

Fees: 45 Euros (JLA member) / 55 Euros (Non-member)

Please register your interest at mail@jla-luxembourg.org



Bus stop map

A quick French lesson

◇Merry Christmas →

Joyeux Noel

◇New year →

La nouvelle annee

◇A happy new year →

Bonne annee

◇Best wishes throughout the coming year →

Meilleurs Voeux



Luxembourg upcoming events

Fireworks illuminate the center of Luxembourg at midnight on NYE but also you can see fireworks going off which are set off by people gathered at the Guillaume II Square and/or the Constitution Square. It is then turns into a dance and drinks in a joyous mood for celebrating a new year.



We will be closed from 21st December 2015 to 3rd January 2016.



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